



British Gas ASA East Region BAGCAT Championships (50m) 2010

(Under ASA Laws & ASA Technical Rules)

University of East Anglia Pool – Norwich
Sat 5th, Sun 6th, Sat 12th & Sun 13th June 2010

Licensed Meet No. ERX012/013



Schedule of Events

Session One

Saturday 5th June Start 09:30

- 101 Boys 100m Backstroke Heats
- 102 Girls 200m I.M. Heats
- 103 Boys 400m I.M. (TF)
- 104 Boys 10 100m Backstroke FINAL
- 105 Boys 11 100m Backstroke FINAL
- 106 Boys 12 100m Backstroke FINAL
- 107 Boys 13 100m Backstroke FINAL
- 108 Boys 14 100m Backstroke FINAL
- 109 Girls 10 200m I.M. FINAL
- 110 Girls 11 200m I.M. FINAL
- 111 Girls 12 200m I.M. FINAL
- 112 Girls 13 200m I.M. FINAL
- 800m Freestyle Warm-Up
- 113 Mixed 800m Freestyle (TF)

Session Two

Saturday 5th June Start TBA

- 201 Boys 11-14 400m Free Team (TF)
- 202 Girls 100m Freestyle Heats
- 203 Boys 200m Backstroke Heats
- 204 Girls 200m Butterfly Heats
- 205 Girls 10 100m Freestyle FINAL
- 206 Girls 11 100m Freestyle FINAL
- 207 Girls 12 100m Freestyle FINAL
- 208 Girls 13 100m Freestyle FINAL
- 209 Boys 10 200m Backstroke FINAL
- 210 Boys 11 200m Backstroke FINAL
- 211 Boys 12 200m Backstroke FINAL
- 212 Boys 13 200m Backstroke FINAL
- 213 Boys 14 200m Backstroke FINAL
- 214 Girls 10 200m Butterfly FINAL
- 215 Girls 11 200m Butterfly FINAL
- 216 Girls 12 200m Butterfly FINAL
- 217 Girls 13 200m Butterfly FINAL

Session Three

Sunday 6th June Start 09:30

- 301 Girls 100m Butterfly Heats
- 302 Boys 200m Breaststroke Heats
- 303 Girls 400m Freestyle (TF)
- 304 Girls 10 100m Butterfly FINAL
- 305 Girls 11 100m Butterfly FINAL
- 306 Girls 12 100m Butterfly FINAL
- 307 Girls 13 100m Butterfly FINAL
- 308 Boys 10 200m Breaststroke FINAL
- 309 Boys 11 200m Breaststroke FINAL
- 310 Boys 12 200m Breaststroke FINAL
- 311 Boys 13 200m Breaststroke FINAL
- 312 Boys 14 200m Breaststroke FINAL

Session Four

Sunday 6th June Start TBA

- 401 Boys 11-14 400m Medley Team (TF)
- 402 Girls 11-13 400m Medley Team (TF)
- 403 Boys 100m Freestyle Heats
- 404 Girls 200m Freestyle Heats
- 405 Boys 10 100m Freestyle FINAL
- 406 Boys 11 100m Freestyle FINAL
- 407 Boys 12 100m Freestyle FINAL
- 408 Boys 13 100m Freestyle FINAL
- 409 Boys 14 100m Freestyle FINAL
- 410 Girls 10 200m Freestyle FINAL
- 411 Girls 11 200m Freestyle FINAL
- 412 Girls 12 200m Freestyle FINAL
- 413 Girls 13 200m Freestyle FINAL

Session Five

Saturday 12th June Start 09:30

- 501 Girls 100m Backstroke Heats
- 502 Boys 200m I.M. Heats
- 503 Girls 400m I.M. (TF)
- 504 Girls 10 100m Backstroke FINAL
- 505 Girls 11 100m Backstroke FINAL
- 506 Girls 12 100m Backstroke FINAL
- 507 Girls 13 100m Backstroke FINAL
- 508 Boys 10 200m I.M. FINAL
- 509 Boys 11 200m I.M. FINAL
- 510 Boys 12 200m I.M. FINAL
- 511 Boys 13 200m I.M. FINAL
- 512 Boys 14 200m I.M. FINAL
- 1500m Freestyle Warm-Up
- 513 Mixed 1500m Freestyle (TF)

Session Six

Saturday 12th June Start TBA

- 601 Girls 11-13 800m Free Team (TF)
- 602 Boys 200m Freestyle Heats
- 603 Girls 200m Breaststroke Heats
- 604 Boys 100m Breaststroke Heats
- 605 Boys 10 200m Freestyle FINAL
- 606 Boys 11 200m Freestyle FINAL
- 607 Boys 12 200m Freestyle FINAL
- 608 Boys 13 200m Freestyle FINAL
- 609 Boys 14 200m Freestyle FINAL
- 610 Girls 10 200m Breaststroke FINAL
- 611 Girls 11 200m Breaststroke FINAL
- 612 Girls 12 200m Breaststroke FINAL
- 613 Girls 13 200m Breaststroke FINAL
- 614 Boys 10 100m Breaststroke FINAL
- 615 Boys 11 100m Breaststroke FINAL
- 616 Boys 12 100m Breaststroke FINAL
- 617 Boys 13 100m Breaststroke FINAL
- 618 Boys 14 100m Breaststroke FINAL

Session Seven

Sunday 13th June Start 09:30

- 701 Boys 100m Butterfly Heats
- 702 Girls 200m Backstroke Heats
- 703 Boys 400m Freestyle (TF)
- 704 Boys 10 100m Butterfly FINAL
- 705 Boys 11 100m Butterfly FINAL
- 706 Boys 12 100m Butterfly FINAL
- 707 Boys 13 100m Butterfly FINAL
- 708 Boys 14 100m Butterfly FINAL
- 709 Girls 10 200m Backstroke FINAL
- 710 Girls 11 200m Backstroke FINAL
- 711 Girls 12 200m Backstroke FINAL
- 712 Girls 13 200m Backstroke FINAL

Session Eight

Sunday 14th June Start TBA

- 801 Boys 11-14 800m Free Team (TF)
- 802 Girls 11-13 400m Free Team (TF)
- 803 Boys 200m Butterfly Heats
- 804 Girls 100m Breaststroke Heats
- 805 Boys 10 200m Butterfly FINAL
- 806 Boys 11 200m Butterfly FINAL
- 807 Boys 12 200m Butterfly FINAL
- 808 Boys 13 200m Butterfly FINAL
- 809 Boys 14 200m Butterfly FINAL
- 810 Girls 10 100m Breaststroke FINAL
- 811 Girls 11 100m Breaststroke FINAL
- 812 Girls 12 100m Breaststroke FINAL
- 813 Girls 13 100m Breaststroke FINAL

All events above 200m will be swum as Timed Finals (TF)
10, 11, 12, 13 & 14 Boys and 10, 11, 12 & 13 Girls will have individual age finals for all other events
Warm Up will commence one hour before the start time