



ASA East Region

BAGCAT Championships 2008

(Under ASA Laws & ASA Technical Rules)

University of East Anglia Pool – Norwich

Sat 7th, Sun 8th, Sat 14th & Sun 15th June 2008

A Level One Licensed Meet – Licence No. ERX811 & ERX812



Individual Entry Form

Please use BLOCK LETTERS and make sure that the form is complete and correct, otherwise your entry will not be accepted and fees may not be returned

ASA MEMBER I.D. NUMBER									
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FAMILY NAME GIVEN NAME DATE OF BIRTH/...../19.....
(As appears on your ASA ID Card)

CLUB MALE/FEMALE (Delete as appropriate)

ADDRESS

POSTCODE TELEPHONE No

Entry will be based on qualifying times and may be restricted at the discretion of the promoter. Times for 100m, 200m & 400m events must be achieved at a Licensed competition. Times for 800m and 1500m events should be achieved in competition or organised time trials. Times from Relay splits, other than the first leg, will not be accepted. The promoter reserves the right to ask for proof of times submitted.

TIMES TO BE ACHIEVED AFTER 1st OCTOBER 2007

EVENT	Actual Time Achieved	Length of Pool	Time Converted to 25m Pool	OCCASION	
				Date	Meet and Venue
100m Freestyle					
200m Freestyle					
400m Freestyle					
800m Freestyle					
1500m Freestyle					
100m Backstroke					
200m Backstroke					
100m Breaststroke					
200m Breaststroke					
100m Butterfly					
200m Butterfly					
200m Individual Medley					
400m Individual Medley					

I hereby declare that the above particulars are correct and that I am an eligible competitor in accordance with the laws of the Amateur Swimming Association and will abide by the conditions laid down by the ASA East Region for this competition.

Signature of Competitor Date

I certify that the above information is correct.

Club Official – Print Signature

Entries, from Clubs with five or more swimmers participating, MUST be submitted electronically
 Return the completed form together with the Entry Fee of **£6.00** per event, **£10.00** for the 800m or 1500m,
 (Cheques made payable to ASA East Region) and a SAE or e-mail address to:

Mr R Outtram, 63 Catchacre, DUNSTABLE, LU6 1QD

Closing date for entries - Midnight on May 13th 2008