

Leighton Buzzard Swimming Club

Affiliated to ASA East Region & Beds ASA

The Summer "B" Grade Open Meet Tiddenfoot Leisure Centre, Leighton Buzzard. LU7 2AF Saturday 14th June 2008 (25m Pool) Schedule of Events:

Session 1

Warm up 11.30 pm, Start 12.15 pm.

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|-----------------------------|------------------|
| 1. Boys 11 years and over | 200m Freestyle |
| 2. Girls 11 years and over | 200m Freestyle |
| 3. Boys 9-10 years | 50m Breaststroke |
| 4. Girls 9-10 years | 50m Breaststroke |
| 5. Boys 11 years and over | 100m Butterfly |
| 6. Girls 11 years and over | 100m Butterfly |
| 7. Boys 9-10 years | 50m Freestyle |
| 8. Girls 9-10 years | 50m Freestyle |
| 9. Boys 11 years and over | 100m Backstroke |
| 10. Girls 11 years and over | 100m Backstroke |

Session 2

Warm up approx 4.30 pm, Start 5.15 pm.(TBC)

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|-----------------------------|------------------------|
| 11. Boys 11 years and over | 200m Individual Medley |
| 12. Girls 11 years and over | 200m Individual Medley |
| 13. Boys 9-10 years | 50m Butterfly |
| 14. Girls 9-10 years | 50m Butterfly |
| 15. Boys 11 years and over | 100m Freestyle |
| 16. Girls 11 years and over | 100m Freestyle |
| 17. Boys 9-10 years | 50m Backstroke |
| 18. Girls 9-10 years | 50m Backstroke |
| 19. Boys 11 years and over | 100m Breaststroke |
| 20. Girls 11 years and over | 100m Breaststroke |

ENTRY TIMES MUST BE SLOWER THAN AND NOT EQUAL TO THOSE LISTED BELOW:

Age on 14th June 2008.

Boys	Age Groups					Girls	Age Groups				
Event	9-10	11-12	13-14	15-16	17+	Event	9-10	11-12	13-14	15-16	17+
50m Free	39.3					50m Free	39.1				
100m Free		1:13.3	1:04.6	1:01.3	1:00.8	100m Free		1:13.2	1:08.8	1:07.4	1:07.1
200m Free		2:39.2	2:21.0	2:13.9	2:12.6	200m Free		2:38.5	2:28.0	2:24.6	2:23.5
50m Breast	51.1					50m Breast	50.4				
100m Breast		1:33.1	1:21.5	1:16.9	1:16.1	100m Breast		1:32.8	1:25.4	1:24.3	1:24.0
50m Fly	43.9					50m Fly	42.9				
100m Fly		1:22.6	1:11.7	1:07.8	1:06.4	100m Fly		1:21.8	1:15.7	1:14.5	1:13.7
50m Back	45.2					50m Back	44.5				
100m Back		1:22.3	1:12.2	1:08.1	1:07.4	100m Back		1:21.7	1:16.3	1:14.6	1:14.0
200m IM		3:00.9	2:39.6	2:30.8	2:29.3	200m IM		2:59.5	2:46.9	2:44.0	2:43.0

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The Summer "B" Grade Open Meet Tiddenfoot Leisure Centre, Leighton Buzzard. LU7 2AF Saturday 14th June 2007

Individual Entry Form

Closing Date for Flitwick Dolphins Entries: **Wednesday 7th May 2008**

Club	Flitwick Dolphins SC
Family Name	
First Name	
Date of Birth dd/mm/yyyy.	
ASA Number	

Age on 14th June 2008.

If a swimmer does not have a recorded time for an event put NT in the time column.

Male Events					Female Events			
Event No.	Time	Age Range	Event	◇	Event No.	Time	Age Group	Event
1		11 Over	200m Free		2		11 Over	200m Free
3		9-10	50m Breast		4		9-10	50m Breast
5		11 Over	100m Fly		6		11 Over	100m Fly
7		9-10	50m Free		8		9-10	50m Free
9		11 Over	100m Back		10		11 Over	100m Back
11		11 Over	200m IM		12		11 Over	200m IM
13		9-10	50m Fly		14		9-10	50m Fly
15		11 Over	100m Free		16		11 Over	100m Free
17		9-10	50m Back		18		9-10	50m Back
19		11 Over	100m Breast		20		11 Over	100m Breast

Number of Events Entered	Cost per Event	Total Cost
	£3.25	

Please make your cheque payable to: Flitwick Dolphins Swimming Club
and write your name and meet details on reverse.

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The Summer B Grade 14th June 2008 Notes & Promoter's Conditions

1. Ages as at 14th June 2008
2. Age Groups:- 9/ 10yrs, 11/12 yrs, 13/14 yrs, 15/16 yrs, 17 yrs & over.
3. All events are Heat Declared Winner.
4. Medals will be awarded to the first six swimmers in each event in each age group.
5. Any swimmer who **equals or exceeds** the upper time limit (as shown on the 'entry times' form) for their event will not be eligible for a medal, but will be awarded a "Speeding Ticket" Certificate indicating the time achieved.
6. **WARM UP** Coaches, please note you are responsible for your swimmers at all times. See warm-up information sheet for lane allocation.
7. **STARTS:** There will be no recall for false starts. Over the top starts will be used in all events except backstroke at the referee's discretion.
8. **ENTRIES**
 - a) All competitors must be eligible as defined in ASA Laws and may only enter events in their own age group.
 - b) Entry is open to swimmers whose current time does **not equal or exceed** the upper limits of the event entered. Details of all B grade qualifying times can be found on the ASA web site.
 - c) The entry fee is £3.25 per event. Payment by cheque only. Please make cheques payable to **Leighton Buzzard S.C.** Please do not send cash. Completed entry forms and fees should be sent to:- **Mrs Joanne Brain, 8 Ridgeway, Wing, Leighton Buzzard, Beds. LU7 0TH.** Please enclose a stamped addressed envelope, with sufficient postage stamps attached, large enough to contain all the cards for your entries.
 - d) Closing date for entries – **MIDNIGHT MONDAY 19th MAY 2008.**
 - e) Entry form attached. Photocopies acceptable
 - f) The promoter reserves the right to limit the number of entries if necessary, to allow the meet to run in the allotted pool time. Entries will be accepted on a "first come, first served" basis. An absolute maximum of 1000 entries will be accepted. Entries for the 200m events, however, may need to be restricted before that total is reached.
 - g) Entry cards and/or refunds will be sent out as soon as possible after the closing date.
9. Coach Passes £10 each include refreshments during the interval between sessions. Coach Passes must be ordered when submitting entries.
10. There will be a swim shop by Allens of Kingsbury.
11. Anything not covered in these notes will be at the discretion of the promoter.

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Dear *Colleague,*

If you have any Judges or Timekeepers who would be willing to join us on poolside, we would be most grateful if they could fill in the slip below and we will contact them before the meet.

Refreshments are included in the Coach Pass and will be provided for all officials during the interval.

Yours sincerely

Joanne Brain

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Please complete and return with your club entries if you are available to officiate as a Referee, Timekeeper or Judge at the Leighton Buzzard S. C. 'Summer B Grade' Open Meet on 14th June at Tiddenfoot Leisure Centre Leighton Buzzard. LU7 2AF

We will contact you before the meet.

Name.....

Address.....

Telephone..... Club.....

Email Address.....

	Session 1 (12.15pm)	Session 2 (5.00 pm TBC)
Timekeeper		
Judge		

* *Please indicate*