

Crusaders Last Chance Open Meet 9th January 2010



GIRLS NO FASTER THAN TIMES

EVENT	AGE						
	9	10	11	12	13	14	15+
50m Freestyle	39.60	37.40	35.20	33.00	32.00	30.50	28.50
200m Freestyle	3.24.60	3.07.60	2.53.00	2.42.20	2.36.50	2.30.40	2.27.00
50m Breaststroke	53.20	49.40	46.30	43.40	42.40	39.60	37.90
200m Breaststroke	4.12.20	3.56.70	3.39.90	3.27.30	3.17.00	3.09.90	2.59.50
50m Butterfly	46.90	43.50	40.20	38.00	36.60	34.40	33.20
200m Butterfly	4.07.00	3.38.00	3.23.20	3.05.00	3.00.00	2.49.50	2.44.50
50m Backstroke	46.80	43.20	41.00	38.00	36.80	34.90	34.00
200m Backstroke	3.40.00	3.26.00	3.16.50	3.00.50	2.47.50	2.44.30	2.36.00
100m Individual Medley	1.42.30	1.32.10	1.28.50	1.24.00	1.20.50	1.18.70	1.17.30
200m Individual Medley	3.47.00	3.30.30	3.14.50	3.04.00	2.53.80	2.48.4	2.42.00

BOYS NO FASTER THAN TIMES

EVENT	AGE						
	9	10	11	12	13	14	15+
50m Freestyle	39.80	37.40	35.10	33.90	30.60	29.20	27.50
200m Freestyle	3.20.00	3.04.80	2.52.00	2.41.30	2.33.50	2.23.50	2.16.50
50m Breaststroke	52.90	48.60	45.30	42.50	39.80	37.60	35.60
200m Breaststroke	4.12.00	3.56.60	3.41.00	3.26.60	3.12.50	2.59.70	2.49.70
50m Butterfly	47.20	43.90	40.10	37.80	35.60	33.40	30.50
200m Butterfly	4.02.80	3.37.70	3.16.00	3.04.00	2.52.60	2.42.90	2.30.00
50m Backstroke	45.50	41.70	39.50	37.70	35.50	32.60	31.50
200m Backstroke	3.39.30	3.26.10	3.12.00	2.58.00	2.49.20	2.37.20	2.28.00
100m Individual Medley	1.40.80	1.33.30	1.28.30	1.23.40	1.18.40	1.14.20	1.11.30
200m Individual Medley	3.42.00	3.30.00	3.13.70	3.02.00	2.50.40	2.40.20	2.29.40