

FDSC – FORTHCOMING TRAINING SESSION CHANGES & Holiday Training Times

Date	Pool	Squads (*by invitation)	Details	Time	Coach / Notes													
					DIANE	BECKY	TRACEY	STEVE	NIGEL	TARA	HEATHER	OTHER						
JULY 2007																		
Monday	2nd	BHS	NEW MEMBERS	ASSESSMENTS	19:30 start	Y												
Friday	pm 20th	BHS	Plat / Sprint / Gold / Silver	CANCELLED	E.O.S. BALL													
Monday	23rd	to 26th	NATIONAL AGE GROUPS	POSS CHANGES TO FOLLOW	ALL NORMAL													
Friday	27th	to Aug 1st	NATIONAL YOUTH	POSS CHANGES TO FOLLOW	SEE BELOW													
Friday	am 27th	FLIT		CANCELLED														
Friday	pm 27th	BHS	Plat / Sprint / Gold / Silver	Holiday Training Times	18:00 - 20:00			Y										
Sunday	am 29th	BHS	ALL SQUADS WELCOME	Normal	07:00 - 09:00		Y											
Sunday	pm 29th	FLIT	Platinum / Gold	Normal	19:00 - 20:30		Y											
Monday	pm 30th	BHS	ALL SQUADS WELCOME	Normal	19:00 - 21:00		Y											
Monday	pm 30th	FLIT		CANCELLED - See BHS														
Tuesday	am 31st	BHS		CANCELLED														
AUGUST 2007																		
Wednesday	pm 1st	BHS		CANCELLED - See FLIT														
Wednesday	pm 1st	FLIT	Gold 10u/Silver/Br'ze/Bridging	Holiday Training Times	19:00 - 20:30		Y				?							
Wednesday	pm 1st	FLIT	Plat/Sprint/Gold 11+/Diamond	Holiday Training Times	20:30 - 10:00		Y				?							
Friday	am 3rd	FLIT	Platinum / Gold	CANCELLED														
Friday	pm 3rd	BHS	ALL SQUADS WELCOME	Holiday Training Times	18:00 - 20:00			Y										
Sunday	am 5th	BHS		CANCELLED														
Sunday	pm 5th	FLIT		CANCELLED														
Monday	pm 6th	BHS	ALL SQUADS WELCOME	Normal	19:00 - 21:00		Y											
Monday	pm 6th	FLIT		CANCELLED - See BHS														
Tuesday	pm 7th	BHS		CANCELLED														
Wednesday	pm 8th	BHS		CANCELLED - See FLIT														
Wednesday	pm 8th	FLIT	Gold 10u/Silver/Br'ze/Bridging	Holiday Training Times	19:00 - 20:30		Y				?							
Wednesday	pm 8th	FLIT	Plat/Sprint/Gold 11+/Diamond	Holiday Training Times	20:30 - 10:00		Y				?							
Friday	am 10th	FLIT	Platinum / Gold	CANCELLED														
Friday	pm 10th	BHS	ALL SQUADS WELCOME	Holiday Training Times	18:00 - 20:00			Y										
Training Resumes Wednesday 29th August																		
Wednesday	pm 29th	BHS		CANCELLED - See FLIT														
Wednesday	pm 29th	FLIT	Gold 10u/Silver/Br'ze/Bridging	Holiday Training Times	19:00 - 20:30		Y				?							
Wednesday	pm 29th	FLIT	Plat/Sprint/Gold 11+/Diamond	Holiday Training Times	20:30 - 10:00		Y				?							
Friday	am 31st	FLIT	Platinum / Gold	CANCELLED														
Friday	pm 31st	BHS	ALL SQUADS WELCOME	Holiday Training Times	18:00 - 20:00													
SEPTEMBER 2007																		
Sunday	am 2nd	BHS	Plat/Sprint/Gold/Silver/Bridging	BACK TO NORMAL	07:00 - 09:00													
Sunday	pm 2nd	FLIT	Platinum / Gold	BACK TO NORMAL	19:00 - 20:30													
LATEST CHANGES																		