



NEWSLETTER - November 2005

This is our first newsletter for some time and the Club would like to take this opportunity to welcome all new swimmers and parents

Squad Changes

The Club has undergone a significant transition since the beginning of September with the introduction of our new Squad Structure. We are already seeing the benefits which our swimmers are reaping from the new training regimes in terms of PB's and gala successes. The Committee is, however, keenly aware of the inevitable teething problems which exist and are in the process of addressing these.

Gala Successes

The Club has performed brilliantly in their three most recent galas. In September our Junior Team (12 and under) won the final leg of the Division 2 MK District Junior League and were declared Division winners, meaning promotion to Division 1 next year. This was followed by a home win at the 'C' Grade/Novice Gala on 1st October which saw an amazing tally of PB's. The following weekend our team comfortably won Round 1 of the Speedo League and are looking forward to similar success in Round 2.

Info for new members

A mention of your key **Committee Members** for those of you who are new to the Club:

- Peter Haslett - Chairman
- Mike Liddle - Secretary
- Ann Wren/Jan Scotchford - Parent Liaison
- Nigel Halford - Team Manager
- Noreen Weighell/Sue Stewart - Treasurers

And even more important (!), the Dolphins **Coaching Team** comprises:

- Annette Probert - Head Coach
- Diane Brinkler - Development Coach
- Martin Hotson - Assistant Coach

Website Update

You may be aware that the Club has its own website: www.flitwickdolphins.com

The site is currently in the process of being updated and improved, but feel free to visit it for details of training times, recent results and fixtures etc.

Approaching Fixtures

We are in the middle of a very busy fixture season at the moment. Forthcoming competitions include:

November

- 5th - Leighton Buzzard Invitation Open
- 12th - Speedo League (Leighton Buzzard)
- 19th - Club Championships final session

December

- 3rd - 'C'/Novice Gala, Leighton Buzzard
- 3rd/4th - Nuneaton Open
- 10th - Speedo League
- 17th - Biggleswade Relay Gala

All swimmers should keep their eyes on the noticeboard for team selections and further details.

Club Championships

Two out of three Club Championships sessions have now taken place resulting in a number of new Club and Championship records as well as PB's for most of our swimmers. Medals have been awarded in each event for the fastest three swimmers in each age group (U10, U12, U14, U16 and 16+).

Additional awards will be presented at the Club Championships Awards Evening taking place at Toddington Village Hall on 14th January 2006 - put the date in your diaries.

Check your kitbags!

Several teabags have gone missing recently (all with swimmers' names in them), as well as a number of other items such as kickboards and even swimming costumes. Please check your kit to ensure you haven't picked up somebody else's by mistake - thanks

