



Flitwick Dolphins Open Meet 2010

Affiliated to Bedfordshire
ASA and East Region ASA

Meet in time to
qualify for East
Region 2010
Winter
Championships
and 2011 Age
Group and
Youth
Championships

Saxon Pool:
spectator seating,
free parking, cafe

Saturday 16th October, Sunday 17th October

Saxon Pool, Biggleswade

8 lane, 25m deck level pool, electronic timing

50m – 100m – 200m all strokes

400m freestyle

100m, 200m, 400m Individual Medley

Level 3 Licensed Meet

Licence No 3ERXXXX
under ASA laws and technical rules

12 noon start each day

2 × 3 hour sessions afternoon/evening

Entry fees: £4.50 per event

Spectator admission: adult £3/session, concessions (U16 and OAP) £1/session

Gold, silver and bronze medals awarded in age bands (age on 17th October)

Ages: 9-10; 11-12; 13-14; 15-16; 17+

Entries accepted first come, first served (subject to qualification time bands)

**Meet will be run on cardless basis. Club electronic entry to be received
by closing date Monday 6th September**

For full details and entry pack visit the website

**www.flitwickdolphins.com or email Philip Abbott at
open@flitwickdolphins.com**