



# ASA East Region

## 2007 Youth & BAGCAT Championships

University of East Anglia Pool – Norwich  
 Youth: May 5<sup>th</sup>, 6<sup>th</sup> & 7<sup>th</sup> BAGCAT: June 2<sup>nd</sup> & 3<sup>rd</sup> and June 9<sup>th</sup> & 10<sup>th</sup>



## QUALIFYING TIMES

Pool Length - 25m

BOYS							EVENT	GIRLS					
BAGCATs					YOUTH			BAGCATs				YOUTH	
10 Years	11 Years	12 Years	13 Years	14 Years	15/16 Years	17/OV		10 Years	11 Years	12 Years	13 Years	14/15 Years	16/OV
-	-	-	-	-	27.8	27.2	<b>50m Freestyle</b>	-	-	-	-	30.7	29.9
Need 200 QT	Need 200 QT	1:09.2	1:04.7	1:01.8	59.8	58.7	<b>100m Freestyle</b>	Need 200 QT	1:13.6	1:09.6	1:07.0	1:05.6	1:04.4
2:53.3	2:41.5	2:30.4	2:21.1	2:14.1	2:10.2	2:08.1	<b>200m Freestyle</b>	2:51.5	2:39.4	2:30.8	2:23.8	2:21.4	2:18.3
6:03.2	5:36.6	5:15.1	4:56.6	4:43.6	4:35.4	4:30.3	<b>400m Freestyle</b>	6:02.6	5:32.4	5:13.3	5:00.4	4:54.4	4:49.9
-	13.13.4	11.28.2	10.47.4	10.19.7	9:57.3	9:44.2	<b>800m Freestyle</b>	-	11:29.8	10:46.8	10:18.1	10:05.2	9:55.8
-	22:51.3	20:51.2	19:34.1	18:43.1	18:11.4	17:53.6	<b>1500m Freestyle</b>	-	22.13.8	22.34.9	20.53.4	20:16.9	20:09.9
-	-	-	-	-	31.5	30.9	<b>50m Backstroke</b>	-	-	-	-	34.7	33.9
Need 200 QT	Need 200 QT	1:17.9	1:12.9	1:08.9	1:06.5	1:05.3	<b>100m Backstroke</b>	Need 200 QT	1:23.1	1:17.6	1:14.6	1:13.0	1:11.4
3:15.6	2:59.5	2:46.6	2:36.5	2:28.5	2:23.1	2:21.1	<b>200m Backstroke</b>	3:11.3	2:56.5	2:46.1	2:39.7	2:35.8	2:32.1
-	-	-	-	-	35.0	34.3	<b>50m Breaststroke</b>	-	-	-	-	38.5	37.7
Need 200 QT	Need 200 QT	1:28.1	1:21.9	1:18.0	1:15.1	1:13.6	<b>100m Breaststroke</b>	Need 200 QT	1:34.2	1:28.4	1:24.2	1:21.7	1:20.5
3:42.8	3:26.3	3:10.8	2:57.6	2:48.3	2:43.2	2:40.7	<b>200m Breaststroke</b>	3:40.1	3:21.9	3:09.8	3:00.6	2:56.0	2:53.5
-	-	-	-	-	30.2	29.6	<b>50m Butterfly</b>	-	-	-	-	33.3	32.6
Need 200 QT	Need 200 QT	1:18.0	1:12.3	1:08.5	1:05.5	1:04.8	<b>100m Butterfly</b>	Need 200 QT	1:22.7	1:17.9	1:14.2	1:12.2	1:11.2
3:27.8	3:06.6	2:52.2	2:40.5	2:31.3	2:24.9	2:22.4	<b>200m Butterfly</b>	3:23.6	3:04.1	2:51.3	2:42.7	2:37.6	2:35.5
3:17.3	3:02.8	2:50.7	2:40.1	2:31.7	2:26.4	2:24.1	<b>200m I.M.</b>	3:14.5	2:59.9	2:50.1	2:43.4	2:39.5	2:36.7
7:14.4	6:31.7	6:00.7	5:38.0	5:22.2	5:10.7	5:05.5	<b>400m I.M.</b>	7:02.6	6:23.8	5:58.3	5:42.6	5:35.3	5:29.2

Highlighted Times are **NOT** included in British Age Group Categories (BAGCATs) and will not attract any points

Entry times for 50m, 100m and 200m events must have been achieved at a Level 1,2 or 3 Licensed Competition, 400m, 800m and 1500m times may have been achieved in competition or Time Trials

Entries may be rejected, at the discretion of the Promoter, should the entry level exceed available time

REMEMBER - AGE MEANS AGE AT 10<sup>th</sup> JUNE 2007 FOR BOTH YOUTH AND BAGCAT AGES. ALL TIMES TO BE ACHIEVED BETWEEN 1st OCTOBER 2006 and the Closing Date